

# *Purpose for 2020*

# Discover YOUR BEST LIFE NOW!

Thank you for taking the time to view this journal. I am giving this to you as a gift from me.

I think it is important for people—no matter how busy our lives get—to take a moment to pause, thank the day, and sit quietly to think about what we are grateful for.

I am giving you this journal because I personally use one, and right before I go to bed, I pull it out and if nothing else, I will date the page and put ‘thank you’ if I am too tired to write down my thoughts. You can also keep this with you, in your car, or wherever else works the best for you. Some days I write a lot more depending on how busy the day is. I am a firm believer and my life is a testament to this: if you don’t sit down and write your thoughts out, they will never transpire into what you truly want in your life.

Use this journal to dream your biggest dreams. Write in it, paste photos, clippings from magazines, or whatever else you want to put in here. When we are clear about what we want, we naturally start to work toward it!

I have been writing in journals for several years. No matter what my circumstances were, I have always said attitude is everything. It doesn’t matter your background, where you come from, or how hard life has been for you—there is always a chance to make things better by just changing your attitude.

Now, you’re probably thinking I don’t have a bad attitude—and you are probably right. But it can always be better and to do this you must write your thoughts and dreams down to take your life from good to great and from great to excellent.

I hope you enjoy writing your thoughts down and seeing the change in your life because I certainly have seen a change in my own life.

I truly want the best for everyone around me—those who work next to me on a daily basis, along with my past, current, and future clients—to truly live the best life now.

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## Table of Contents

2020 Calendar .....	1	Housing Goals .....	20-24
Personal Goals .....	2-7	Closing Statement .....	25
Financial Goals .....	8-13	Gratitude .....	26
Fitness Goals .....	14-19		

# 2020

## JANUARY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

1 - New Year's Day  
20 - Martin Luther King Jr. Day

## FEBRUARY

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

2 - Groundhog Day  
17 - Presidents' Day  
14 - Valentine's Day  
26 - Ash Wednesday

## MARCH

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

8 - Daylight Saving Time Begins  
17 - St. Patrick's Day

## APRIL

S	M	T	W	T	F	S
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

5 - Palm Sunday  
12 - Easter  
22 - Administrative Professionals' Day  
10 - Good Friday  
15 - Tax Day

## MAY

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24 <sub>31</sub>	25	26	27	28	29	30

5 - Cinco de Mayo  
25 - Memorial Day  
10 - Mother's Day

## JUNE

S	M	T	W	T	F	S
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

14 - Flag Day  
21 - Father's Day

## JULY

S	M	T	W	T	F	S
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

4 - Independence Day

## AUGUST

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 <sub>30</sub>	24 <sub>31</sub>	25	26	27	28	29

## SEPTEMBER

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

7 - Labor Day

## OCTOBER

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

12 - Columbus Day  
31 - Halloween

## NOVEMBER

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

1 - Daylight Saving Time Ends  
3 - Election Day  
26 - Thanksgiving Day  
11 - Veterans Day

## DECEMBER

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

24 - Christmas Eve  
25 - Christmas Day

# *Personal* GOALS

I just want you to take a moment and write down everything that you want to improve in your life and enhance it to the next level.

We all have room for improvement and, when we do, we are strong enough to assist others that may not have the capability to do just that.

One of my personal goals was to lead a great team. By writing this goal down, and reviewing it, I was able to strive for and achieve it.





Every day is a beautiful day.  
*Jimmy Stewart*







be the change  
you wish to see  
in the world

# *Financial* GOALS

Write out what you want to pay off, pay down, or start to save for—then make a plan and stick with it! I would highly recommend that you start to save 5% of your paycheck every week. Invest money with a financial institution such as a Financial Advisor, or into a savings account with a bank you're familiar with.

Please tap into a Financial Planner no matter where you are at in life. I started at a very young age without guidance. I felt it was important to save for a rainy day, and believe me, I've had to tap into it some rainy days!



*Habits* become  
your *behavior*.





*Gratitude*  
changes  
lives.



“We make a *living*  
by what we *get*,  
we make a *life*  
by what we *give*.”

Taking the first step is always the hardest—even when life throws you a curve ball—**you need to get back in the game.**



# *Fitness* GOALS

I always tell people it is not selfish to take time to take care of yourself.

I used to think just the opposite. It is very important to have a clear mind so I am better able to assist others throughout the day and fitness helps me with this process. Whether it's weight lifting, yoga, walking, cycling, running, cross fit (and the list goes on), get involved with something. You may have to try a few options to find the right fit for you, and that's okay. The goal is to get moving and make fitness part of your daily/weekly routine.

A horizontal watercolor brushstroke in shades of purple and pink, serving as a background for the text.

KEEP GOING



The person on  
*top of the mountain*  
didn't fall there.

# *Success*

HARD WORK  
PERSISTENCE  
LATE NIGHTS  
REJECTIONS  
SACRIFICES  
STRUGGLES  
DISCIPLINE  
CRITICISM  
DOUBTS  
FAILURE  
RISKS



There are NO limits to wishes—you must  
*ask, believe & receive*



# *Housing* GOALS

Whether you are buying your first home, upgrading to a larger home, purchasing your vacation home, or investing in investment properties (such as apartment buildings), you need to lay out the process to get there. Here is where you dream big. Where would you ultimately love to live? What is your dream home?

How do you come up with funds to achieve your goals? I would be more than happy to discuss getting you to the next level.



If opportunity doesn't knock, build a door.

*Milton Berle*

# FOR FORWARD



Never give up because  
*great things take time.*



## *Closing Statement*

If you have gotten to this page, you are part of 1% of the population that actually thinks 'my thoughts become things'.

Law of Attraction: Happiness/Health/Wealth

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# *Gratitude*

is not only the greatest of virtues,  
but the parent of all others.

*Cicero*



“You are the rising star.”